Postgraduate Institute of Medicine, University of Colombo

15. REQUIREMENTS BEFORE PROCEEDING ON OVERSEAS POST MD TRAINING

Period of Post MD Training: The minimum period of local and overseas training is stipulated in the relevant prospectus. It will be the responsibility of the trainee to obtain the required leave and the scholarship if required from the employer.

Documents such as the letter of offer pertaining to the placement/paid job offer and the IELTS Certificate etc., should be submitted when trainees seek approval for overseas training. (Please see **Annexure III** for set of documents to be submitted).

15.1 Availing of Leave for Overseas Training Prior to Completion of Local Post MD Training

Satisfactory completion of the local component of training after passing the MD examination is a requirement to apply for overseas training and study leave. However, at the discretion of the BOS such overseas leave may be approved before completion of post MD local training. In such an event, the balance local training period as determined by the Board of Study, has to be completed in a training unit allocated by the BOS for the trainee to be eligible to apply for Board Certification.

15.2 Commencement of Post MD Overseas Training

- 1. Post-MD trainees should commence post-MD overseas training within two (02) years of the expected date of completing local post-MD training. Any further delay will be added to the date of effective Board Certification.
- 2. Post-MD trainees who delay commencing overseas post-MD training by more than four (04) years after the expected date of completing local post-MD training will have their trainee status terminated.

15.3 The Minimum Period of Post-MD Training that should be completed by a Trainee during the Overseas Training

The minimum period of Post-MD training that should be completed by a trainee during the overseas training is 42 weeks if the prescribed overseas training period is one year, and 84 weeks if the prescribed overseas training period is two years, to be **allowed only under exceptional circumstances** acceptable to the Board of Study and Board of Management such as maternity leave, approved medical leave, etc. The shortfall of the overseas training should be completed locally.