

My No. PGIM/EX/4/SE/MD/Sports Med(19)  
Postgraduate Institute of Medicine,  
160, Prof. Nandadasa Kodagoda Mw.,  
Colombo 7.  
03<sup>rd</sup> July 2019

To : Director/NHSL, Colombo,  
Directors/MSS of Teaching/General Hospitals,  
Regional Directors of Health Services,  
Deans of Faculties of Medicine/Medical Sciences,  
Universities of Peradeniya/Colombo/Jaffna/Ruhuna/Kelaniya,  
Sri Jayewardenepura,

**SELECTION EXAMINATION IN MD (SPORTS MEDICINE) – SEPTEMBER 2019**

1. The above examination will be held on **10<sup>th</sup> September 2019**.
2. Applications are invited by me from medical officers possessing the following requirements to sit the Selection Examination for MD in Sports Medicine.
  - (a) A medical degree registered with the Sri Lanka Medical Council ;
  - (b) Satisfactory completion of internship acceptable to the Sri Lanka Medical Council ;
  - (c) Successful completion of Postgraduate Diploma in Sports and Exercise Medicine offered by the PGIM, University of Colombo ;
  - (d) Passing the selection exam detailed below ;
  - (e) Complying with any other PGIM general regulations relevant to selection of trainees.

**Note :-** The criteria prescribed in paragraph a) to d) must have been satisfied by the applicants as at the date of closure of applications.

3. To be eligible for enrolment to the training programme, applicant should pass the selection examination. The current format of the Selection Examination is described in the Prospectus 2017 and relevant examination documents which are available at the PGIM.
4. The MD selection examination shall consist of a MCQ Paper and Objective Structured Clinical Examination(OSCE). The MCQ Paper shall consist of 30 questions, with 80 minutes duration and OSCE consist of 10 stations duration six minutes per station. The content areas from which the questions are based on is described in the prospectus and documents available at the PGIM.
5. The candidate should first obtain a minimum mark of 50% or more from MCQ Paper to be eligible for the OSCE. Candidates should score more than 50% from the total mark of the OSCE to be qualified for selection. The combined marks for MCQ and OSCE examinations will be considered for enrollment to the training programme.
6. **Six candidates** from the **Ministry of Health (MOH)** who pass the Selection Examination will be enrolled in the training programme. Placements will be made purely in the order of merit. The details are available at the Examination Branch office of the PGIM and on the PGIM website under “General Regulations and Guidelines 2019”. **The Sixth MOH candidate’s marks will be taken as a cut-off line and the candidates in sections 8, 9, 10 and 11 will have to obtain a mark similar to this or above to be offered a place in the training programme.**

7. The final number of available training placements will be determined based on the total number of candidates above the cut-off line.
8. All candidates attached to **Other Government Ministries** who pass the selection examination and who are above the cut-off line will be enrolled in the training programme in order of the merit.
9. All candidates from **State Universities** who pass the selection examination and who are above the cut-off line will be enrolled in the training programme in order of the merit.
10. All candidates from the **Armed Forces (including Police)** who pass the selection examination and who are above the cut-off line will be enrolled in the training programme in order of the merit.
11. All **Non-State Sector** candidates who pass the selection examination and who are above the cut-off line will be enrolled in the training programme. They will be placed below the order of merit for candidates from the MOH, Other Government Ministries, State Universities and Armed Forces (including Police) based on the merit within the non-state sector category.
12. Following the examination and release of results the above numbers shall not be changed nor shall requests for such changes be entertained.
13. Each year only the scheduled Selection Examination in the approved examination calendar shall be held. No repeat or additional examinations will be held.
14. The allocation of training units will be done as described in "General Regulations & Guideline – 2019" which is available on PGIM website [www.pgim.cmb.ac.lk](http://www.pgim.cmb.ac.lk) and according to the approved procedure by the PGIM based on merit. The allocated training unit/s shall not be changed for personal reasons.
15. When a candidate is selected, he/she should register in the same year. If this is not done another eligible candidate will be selected. And the candidate, who refused, will not be permitted to register in the programme in a subsequent year with the same results unless a valid medical certificate from a consultant acceptable to the PGIM is submitted.
16. For all fulltime training programmes fulltime release from Ministry of Health is a prerequisite for enrollment. When relevant it may be necessary to sign a bond before such enrollment if such a requirement has been decided by the Ministry of Health or other Government Ministries or University.
17. The relevant information of the training programme, MD Examination, requirements for Board certification are described in the Prospectus and other relevant documents. However if amendments have been made following printing of the Prospectus, the circulars with such amendments may be collected from the examinations branch office of the PGIM. These circulars will also be handed over to the selected candidates at the commencement of the training programme.
18. The minimum duration of post MD training required to be eligible for Board Certification shall be one year local and one year overseas. However, the duration may be more than two years in certain specialties and the information is available in the prospectus.

19. The candidates who shall commence the Pre MD (Registrar) or Post MD(Senior Registrar) training after 1<sup>st</sup> August 2011 should pass the Pre-Board Certification Assessment to be eligible for Board Certification. The details are available at the PGIM for perusal.
20. There should be no delay in submitting the dissertation or research report within the stipulated period if required as prescribed in the prospectus. If there is a delay, the Board Certification will be delayed accordingly.
21. Following the completion of prescribed requirements for Board Certification including overseas training the prospective trainee applies for Board Certification with the relevant documents within one month following the completion of such requirements. If this is not followed, the date of Board Certification will be delayed.
22. The prescribed fees for the examination shall be as follows :-
  - (a) Application fee - Rs. 3,000.00 (non-refundable)
  - (b) Registration fee - Rs. 6,000.00 (non-refundable)
  - (c) Examination fee - Rs 37,000.00

(Candidates from non-state sector will be charged 50% more of the above listed fees)

***Only online payments through the PGIM online portal will be accepted.***

23. The application form could be downloaded from the PGIM website [www.cmb.ac.lk/pgim](http://www.cmb.ac.lk/pgim).
24. Completed applications with **every cage duly filled** should be forwarded through the Head of Department, confirming that the applicants if selected would be released for postgraduate training in the PGIM. The envelope should be marked "Application for Selection Examination in MD(Sports Medicine)". The applications should reach the Snr. Asst. Registrar/Examinations, Postgraduate Institute of Medicine, 160, Professor Nandadasa Kodagoda Mawatha, Colombo 7 on or before **31<sup>st</sup> July 2019. Incomplete applications and late applications will not be considered under any circumstances.**
25. The selected candidates should report to the training unit allocated to him/her within one month on receipt of the letter of selection to the training programme and allocation to the training unit.
26. There shall be **no repeat or additional examinations** which are not scheduled in the approved examination calendar for the year 2019.
27. The results will be valid and official after confirmation by the Senate of the University.
28. The candidates will be issued an "**Examination Feedback Form**" with the admission documents. Feedback in Part II should be limited to concerns, if any, regarding the conduct of the examination.(eg. Perceived biases, discriminatory behavior, harassment, intimidation) and **NOT** regarding the format or content of the examination. The form should be sent back to the Director/PGIM under confidential cover **within 48 hours after conclusion of the examination or following the release of results** nor will these be investigated by the PGIM.

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29. Please bring the contents of the Circular Letter to the notice of all medical officers concerned in your department/division/faculty.
30. Please refer the new regulations laid down by Ministry of Health regarding release of Medical Officers of Department of Health in MOH website – [www.health.gov.lk](http://www.health.gov.lk).
31. The candidate who pass the Selection Examination and are selected for the MD programme should undergo the Professionalism & Ethics in Medical Practice Strand organized by the PGIM. Please note that this is compulsory module for all MD trainees and should be completed within the first two years of pre MD training. A certificate will be issued to trainees who complete this strand successfully.
32. A trainee following a PG certificate or PG Diploma or MSc or MD programme shall not be permitted to sit another selection examination for a PG Certificate or PG Diploma or MSc or MD. If the trainee leaves the course before completion of a programme/course of study, he/she shall not be permitted to sit for another selection examination for a minimum period of two years from the date of leaving the programme/course of study. This rule shall not apply for online and part time courses.
33. Candidates are requested to visit the PGIM website for further updates.

*H J de Silva*

Professor H. Janaka De Silva  
Director, PGIM

- Copy:
1. Secretary, Ministry of Healthcare & Nutrition.
  2. Director General of Health Services.
  3. Registrar, Sri Lanka Medical Council
  4. Secretary of Board of Study in Family Medicine
  5. President, Sri Lanka Medical Association.
  6. Hony. Secretary, College of General Practitioners.