

"This prospectus is made under the provisions of the Universities Act, the Postgraduate Institute of Medicine Ordinance, and the General By-Laws No. 1 of 2016 and By-Laws No. 2 of 2016 for Degree of Doctor of Medicine(MD) and Board Certification as a Specialist"

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**POSTGRADUATE INSTITUTE OF MEDICINE
UNIVERSITY OF COLOMBO,
SRI LANKA**



Prospectus

Diploma in Psychiatry

2008

BOARD OF STUDY IN PSYCHIATRY

1. Introduction

Awarding of the Pg Diploma in Psychiatry will be held over a limited period of time as determined by the Board of Study in Psychiatry. The diploma is a postgraduate qualification but does not give the holder any claim to specialist or Consultant status.

2. Training in the Pg Diploma in Psychiatry

2.1.1. Entry into the training programme

A trainee will be absorbed into the training programme on the condition of acceptance of post assigned to a specific place of work by the Ministry of Health.

2.1.2 Eligibility

➤ **Eligibility Criteria for the Selection Test**

Prospective applicants must satisfy the following requirements.

- (a) A medical/dental degree registered * with the Sri Lanka Medical Council.
- (b) Satisfactory completion of internship acceptable to the Sri Lanka Medical Council.
- (c) Satisfactory completion of one year of post internship in Medical/Clinical practice in a university/public/private sector institution in Sri Lanka acceptable to the PGIM.
- (d) The criteria prescribed in paragraphs (a) to (d) must have been satisfied by the applicants as at the date of closure of applications,

provided that where a short-fall has occurred due to any reasons including Sick, Maternity or Other leave, the doctor concerned should complete such shortfall in order to become eligible to apply for the Selection examination.

- (e) Any other requirement/s stipulated by the Board of Study relevant to a particular field of study concerned that has/have been approved by the Board of Management.

*foreign nationals who seek to apply to register for selection examinations should possess a medical degree registrable with the Sri Lanka Medical Council. The decision of the Board of Management will be final in all such applications.

A quota for the private sector is presently available for most courses

2.1.3 Training programme for the PgDiploma in Psychiatry

This comprises 12 months of supervised training.

2.2.1 Training includes

- Clinical training
- A course of lectures conducted by the Board of Study – Psychiatry
- Field visits

Trainee should complete two 6 month attachments in an accredited training unit in general adult psychiatry. During this period of training the trainee is required to gain experience on child psychiatry by attending a minimum of 10 sessions at a child psychiatry unit. As evidence of training the trainee is required to obtain a report of satisfactory completion of training from each supervising consultant.

2.2.2 A course of lectures

This will be conducted fortnightly over a period of 10 months.

2.2.3 Field visits

- Rehabilitation centres recognized by the Board of Study – Psychiatry
- Mel Medura (Alcohol & drug rehabilitation centre)
- National Child Protection Authority

These visits will be certified by the course coordinator.

2.2.4 Case Book

The trainee should submit a casebook of 6 case discussions on patients seen during the 12 months of their training.

(Guidelines for writing the case book are given in Annexure II)

2.2.5 Log book

The trainee should maintain a logbook and this has to be certified prior to sitting the diploma examination.

2.2.6 Duties and responsibilities of trainees

During the training period, the trainee should participate actively in clinical care of patients and should fulfill the obligation of 'on-call' duties. In addition the trainee has to perform any other duties as assigned by the trainer.

2.2.7 Other training events

Other training events the trainees should to participate regularly in

- Case conferences
- Journal Clubs

3. PgDiploma in Psychiatry Examination

3.1 Eligibility

A satisfactory training which includes

- (i) Completion of 12 months training certified by the supervising consultant
- (ii) Completion of 10 sessions of child psychiatry
- (iii) Approval of case book
- (iv) Approval of log book

3.2 Format of the examination

The examination has written and clinical components.

3.2.1 Written component

Multiple Choice Question paper of 40 questions (2 hours)	40 marks
Structured Essay paper of 8 questions (3 hours)	60 marks

3.2.2 Clinical component

One long case (1 hour)	60 marks
Two short cases (20 minutes each)	40 marks

The trainee should obtain a minimum mark of 50% from each the written and clinical components to be considered as having passed the diploma in psychiatry.

3.3 Number of attempts

The candidate is allowed only 4 attempts to sit the diploma in psychiatry, which should be completed within a period of 4 years from the date of entering the training program

3.4 Unsuccessful Candidates

Following the first attempt at the diploma in psychiatry examination, the trainee will be required by the MOH to take up the assigned post to serve as a Medical Officer of Mental Health until such time he/she is successful at the diploma examination

4. Entrance into MD Psychiatry training programme

The diploma course confers no concession for the MD Psychiatry Part I.

A diploma holder will be exempted from 1 year training (only if the 4 year bonded period has been completed) prior to sitting for the MD Psychiatry Part II.

Annexure I

Reading List for Diploma Psychiatry

Symptoms of the Mind : An Introduction to Descriptive Psychopathology

Andrew Sims
Publisher W.B Saunders
New Oxford Textbook of Psychiatry
M. Gelder
Publisher : Oxford University press

The ICD- 10 Classification Of Mental and Behavioral Disorders
WHO Geneva

Annexure II

Guidelines for Casebook

1. The casebook should contain a total of 6 case discussions seen and managed by the trainee during the 12 months of training
2. Selection of cases should be done with the consensus of the supervisor who will guide the trainee on the suitability.
3. Structure for writing the case
 - History
 - Mental state examination
 - Diagnosis – giving reasons
 - Management – Pharmacological, psychological and social