# Surgery in-training assessment

The Board of Study in Surgery

Postgraduate Institute of Medicine University of Colombo, Sri Lanka



# Acknowledgements

The Board of Study in Surgery (BoS) of the Postgraduate Institute of Medicine (PGIM), Colombo, Sri Lanka gratefully acknowledges the use of the General Surgery Milestone Project of the American Board of Surgery (ABS) and the Accreditation Council for Graduate Medical Education (ACGME) - July 2015, as the basis for this document. The BoS has made modifications where appropriate to suit the Sri Lankan postgraduate surgical training program and healthcare system.

#### Surgery in-training assessment

This document presents milestones designed to be used in the review of surgical trainee performance and reporting to the Board of Study in Surgery (BoS) of the Postgraduate Institute of Medicine (PGIM), Colombo, Sri Lanka. Milestones are knowledge, skills, attitudes and other attributes for competencies organized in a developmental framework from less to more advanced. They are descriptors and targets for trainee performance as they progress from entry into training through to board certification. The BoS will review milestone performance data as a key element in the assessment of progression during the Pre-MD & Post-MD (Sri Lankan & overseas) phases of surgical training and of successful board certification.

For each reporting period, review and reporting will involve selecting the level of milestones that best describes a trainee's current performance level in relation to milestones, using evidence from multiple methods, such as direct observation, multi-source feedback, tests, and record reviews, etc. Milestones are arranged into numbered levels. **These levels do not correspond to the post-graduate year of education.** 

Selection of a level implies that the trainee substantially demonstrates the milestones in that level, as well as those in lower levels (See the diagram on page v). A general interpretation of levels for general surgery is below:

- **Critical Deficiencies:** These learner behaviors are not within the spectrum of developing competence. Instead they indicate significant deficiencies in a trainee's performance.
- **Level 1:** The trainee demonstrates milestones expected of a new first year registrar.
- **Level 2:** The trainee is advancing and demonstrates additional milestones and is performing at a mid-training phase registrar level.
- **Level 3:** The trainee continues to advance and demonstrate additional milestones; the trainee demonstrates the majority of milestones targeted for a Pre-MD Surgery registrar in this sub-competency.
- **Level 4:** The trainee has advanced so that he or she now substantially demonstrates the milestones targeted for higher surgical training. This level is designed as the Post-MD Surgery senior registrar target.

#### **Additional Notes**

Level 4 is designed as the board certification *target* and does not necessarily represent a board certification *requirement* by itself. The decision regarding board certification will be made at the pre-board certification assessment (PBCA) and this document will form an integral component of the portfolio presented by the trainee at the PBCA.

Some milestones may exceed current expectations, eg. PBLI3 levels 3 and 4, which include expectations for the trainee to review his or her own surgical results and medical care outcomes and to identify opportunities for improvement. These specific milestones are included to prepare senior registrars and trainees at PBCA level for outcomes review and practice improvement in their specialist practice.

The diagram below presents an example set of milestones for one sub-competency in the same format as the milestone report worksheet. For each reporting period, a trainee's performance on the milestones for each sub-competency will be indicated by:

• selecting the level of milestones that best describes the trainees's performance in relation to the milestones

<u>or</u>

• selecting the "Critical Deficiencies" response option

or

• selecting the "Not Yet Assessable" response option

Practice Domain	Competency	Critical Deficiencies	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
Care for Diseases and Conditions (CDC)	INTERPERSONAL AND COMMUNICATION SKILLS (ICS1)	This trainee is not able to clearly, accurately, and respectfully communicate with patients and families.  This trainee fails to effectively communicate basic healthcare information to patients and families.	This trainee uses a variety of techniques to ensure that communication with patients and their families is understandable and respectful.(e.g. non-technical language, teach back, appropriate pacing, and small pieces of information).  This trainee effectively communicates basic health care information to patients and families.	This trainee customizes communication, taking into account patient characteristics (e.g. age, literacy, cognitive disabilities, culture).  This trainee provides timely updates to patients and families during hospitalizations and clinic visits.	The trainee is capable of delivering bad news to patients and families sensitively and effectively.	This trainee can customize emotionally difficult information, for example, when participating in end of life discussions.  This trainee is capable of negotiating and managing conflict among patients and families.
		Comments:				Not Yet Assessable
		level im	ng a response box in the insplies that milestones in the relevels have been substantated.	that level and	levels indicates that mi	ox on the line in between lestones in lower levels y demonstrated as well as e higher level(s).

Practice Domain	Competency	Critical Deficiencies	LEVEL 1		LEVEL 2		LEVEL 3		LEVEL 4
Care For Diseases and Conditions (CDC)	PATIENT CARE (PC1)	This trainee is not able to perform an efficient and accurate initial history and physical examination for patients admitted to the hospital.	This trainee performs a focused, efficient, and accurate initial history and physical examination of a full spectrum of patients admitted to the hospital, including critically-ill patients.	diagg surg curri appr for s cond can o plar initia seer	trainee accurately moses many "core" cal conditions in the culum and initiates popriate management ome "core" itions. This trainee develop a diagnostic and implement a care for patients in the Emergency artment (ED).	diagnos conditio and son conditio approprimost "cc "advance"	inee accurately es most "core" ns in the curricu ne "advanced" ns and initiates iate managemerore" and some ed" surgical ns independentl	that core conding and collinication reside ly.	trainee can lead a team cares for patients with and "advanced" tions in the curriculum delegates appropriate al tasks to other health team members. This cent recognizes atypical entations of a large over of the mentioned conditions.
		Comments:				I	I	Not	Yet Assessable
Care For Diseases and Conditions (CDC)	Diseases and Conditions	This trainee is unable to recognize or manage common post-operative problems such as fever, hypotension, hypoxia, confusion, and oliguria.	man post-such hypo confu the a traine who a consu	rainee recognizes a ages common operative problems as fever, ension, hypoxia, ision, and oliguria wi ssistance of senior ses or staff members are available for ultation, but not cally present.	manage operativ sepsis, s inflamm syndrom system	inee recognizes as complex post- re problems such systemic atory response ne, and multiple organ failure idently.	- and p the event mana post- as se inflam syndr	This trainee can lead a team and provide supervision in the evaluation and management of complex post-operative problems such as sepsis, systemic inflammatory response syndrome, and multiple system organ failure.	
		Comments:					<u> </u>	Not	t Yet Assessable
 Date	of Assessment	 Cor	 nsultant Surgeon / l	Jnit (So	eal)		Się	gnature c	 of Trainer
Board of Stu	dy in Surgery, Postg	raduate Institute of Me	edicine, Colombo, Sri Li	anka 1			Sia	nature of	Trainee

Practice Domain	Competency	Critical Deficiencies	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
Performance of Operations and Procedures (POP)	PATIENT CARE (PC3)	This trainee lacks basic surgical skills such as airway management, knot tying, simple suturing, suture removal, administration of local anaesthetic, universal precautions and aseptic techniques (eg. surgical scrub, gowning & gloving) and is unable to reliably perform basic procedures, including venepuncture, arterial puncture, incision and drainage, minor skin and subcutaneous lump excisions, placement of an IV drip, nasogastric tube, or urinary catheter.	This trainee has basic surgical skills such as airway management, knot tying, simple suturing, suture removal, administration of local anaesthetic, universal precautions and aseptic techniques (eg. surgical scrub, gowning & gloving) and is able to reliably perform basic procedures, including venepuncture, arterial puncture, incision and drainage, minor skin / subcutaneous lump excisions, placement of an IV drip, nasogastric tube, or urinary catheter. This resident can perform basic operative steps in "core" operations/procedures.	This trainee has respect for tissue, and is developing skill in instrument handling. This trainee moves through portions of common operations without coaching and makes straightforward intraoperative decisions. This resident performs some of the "core" operations with minimal assistance.	This trainee demonstrates proficiency in the handling of most instruments and exhibits efficiency of motion during procedures. This trainee moves through the steps of <i>most</i> operations without much coaching and makes intra-operative decisions. This trainee performs <i>many</i> of the "core" operations and is beginning to gain experience in the "advanced" operations.	This trainee demonstrates proficiency in use of instruments and equipment required for "essential" operations, guides the conduct of most operations and makes independent intraoperative decisions. This resident can perform most of the "core" operations and has significant experience in the "advanced" operations.  This trainee can effectively guide other trainees in "core" operations.
		Comments:				Not Yet Assessable
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Practice Domain	Competency	Critical Deficiencies	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
Care For Diseases and Conditions (CDC)	MEDICAL KNOWLEDGE (MK1)	This trainee does not have basic knowledge about common surgical conditions to which a medical student would be exposed in clerkship.	This trainee has a basic understanding of the symptoms, signs, and management of the "core" diseases in the curriculum and has basic knowledge about common surgical conditions to which a medical student would be exposed in clerkship.	This trainee has basic knowledge about <i>many</i> of the "core" diseases in the SCORE curriculum and can make a diagnosis and recommend appropriate initial management.  This trainee can recognize variations in the presentation of common surgical conditions.	This trainee has significant knowledge about many "core" diseases in the curriculum and a basic knowledge of the "advanced" diseases in the curriculum, and can make a diagnosis and initiate appropriate initial management.	This trainee has a comprehensive knowledge of the varying patterns of presentation and alternative and adjuvant treatments for "core" diseases in the curriculum and can make the diagnosis and provide initial care for the "advanced" diseases in the curriculum.
		Comments:				Not Yet Assessable
Performance of Operations and Procedures (POP)	perations medical student vexposed in clerks		This trainee has a basic knowledge of the "core" surgical operations in the curriculum to which a medical student would be exposed in clerkship.	This trainee has basic knowledge of the operative steps, peri-operative care, and post-operative complications for <i>many</i> of the "core" operations in the curriculum.	This trainee has a significant knowledge of the operative steps, perioperative care, and post-operative complications for most of the "core" operations in the curriculum and a basic knowledge of some of the "advanced" operations.	This trainee has a comprehensive level of knowledge of the operative steps, peri-operative care, and post-operative complications for the "core" operations in the curriculum and a basic knowledge of many of the "advanced" operations.
		Comments:				Not Yet Assessable
	e of Assessment		 sultant Surgeon / Ur			ture of Trainer
Board of Stu	ıdv in Surgery. Poste	raduate Institute of Med	dicine, Colombo, Sri Lank	a 3	Signatu	re of Trainee

Practice Domain	Competency	Critical Deficiencies	LEVEL 1	LEVEL 2	LEVEL 3		LEVEL 4
Coordination of Care (CC)	SYSTEMS-BASED PRACTICE (SBP1)	This trainee does not have a basic understanding of the resources available in this hospital, regionally and nationally for coordinating patient care including: specialised medical services, nurse specialists (eg stoma & wound care), physical and occupational therapists.	This trainee has a basic understanding of the resources available in this hospital, regionally and nationally for coordinating patient care including: specialised medical services, nurse specialists (eg stoma & wound care), physical and occupational therapists	This trainee knows the necessary resources to provide optimal coordination of care and how to access them. Th trainee is aware of specialized services like pain clinics, medical nutrition clinics, alcohol substance abuse clinics prosthetic / orthotic workshops, rehabilitation centres	responsibility for prepall materials necessare discharge or transfer or her patients. The tris familiar with the pabackground, support system and facilities	or his and kes profese aring optim ry for of his ainee post-tient's referse appropartic	trainee coordinates the ities of surgeons, nurses, other health care essionals to provide hal care to the patient at me of discharge or effer, and to provide discharge advice and rals for care that is opriate for the patient's cular needs.
		Comments:				No	t Yet Assessable
Improvement of Care (IC)	SYSTEMS-BASED PRACTICE (SBP2)	This trainee does not demonstrate evidence that he or she considers how hospital and health care systems impact his or her practice.  This trainee does not demonstrate awareness of variation in practice within or across health care systems.	This trainee has basic knowledge of how health systems operate.  This trainee knows system factors that contribute to medical errors and is aware that variations in care occur.	This trainee understands how patient care is provided in his or her system and recognizes certain specific system failures that can affect patient care.  This trainee follows protocols and guidelines for patient care.	suggestions for chan- the health care syster may improve patient  This trainee reports problems with technol (e.g., devices and automated systems)	ges in work improcare. to rechealt logy This approcare stand care	trainee participates in groups or performance overment teams designed duce errors and improve h outcomes.  trainee understands the opriate use of dardized approaches to and participates in ing such protocols of
		Comments:				No	t Yet Assessable
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Practice Domain	Competency	Critical Deficiencies	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
Teaching (TCH)	PRACTICE- BASED LEARNING AND IMPROVEMENT (PBLI1)	This trainee does not communicate effectively as a teacher (eg. is disorganized, is inattentive, uses language unsuitable for the level of the learner, discourages and disregards questions).	This trainee willingly imparts educational information clearly and effectively to medical students and other health care team members.  This trainee uses media in presentations appropriately and effectively.	This trainee communicates educational material accurately and effectively at the appropriate level for learner understanding.  This trainee accurately and succinctly presents patient cases in conferences.	This trainee demonstrates an effective teaching style when asked to be responsible for a conference or formal presentation.	This trainee recognizes teachable moments and readily and respectfully engages the learner.  This trainee is a highly effective teacher with an interactive educational style and engages in constructive educational dialogue.  This trainee facilitates conferences and case discussions based on assimilation of evidence from the literature.
		Comments:				Not Yet Assessable

Date of Assessment	Consultant Surgeon / Unit (Seal)	Signature of Trainer
Board of Study in Surgery, Postgradu	ate Institute of Medicine, Colombo, Sri Lanka 5	Signature of Trainee

Practice Domain	Competency	Critical Deficiencies	5	LEVEL 1	LEVEL 2			LEVEL 3			LEVEL 4
Self-directed Learning (SDL)	PRACTICE-BASED LEARNING AND IMPROVEMENT (PBLI2)	This trainee does not engage in self-initiated, self-directed learning activities.  This trainee does not complete simulation assignments. This resid is frequently absent for scheduled simulation exercises without a valid excuse.	Thi In a cur sim bui su Iap Iap	s trainee completes rning assignments using litiple sources.  s trainee participates assigned skills riculum activities and nulation experiences to ld surgical skills end basic aroscopic skills rkshops	literature and uses (eg. peer-reviewed publications, pract guidelines, textboo library databases, online materials) to	s sources d ice oks, and o answer o ops a d on ne e. fies gaps cal skills	and papatien source patter  This trapproprinform specific provid  This trapproprinform specific provid  This trapproprinform specific provid  This trapproprinform specific provid	ainee looks for atterns in the casts and reads and reads and es to understands.  ainee can sele priate evidence ation tool to and c questions whing care.  ainee independes surgical skition environmed ce technical about the cast and the control of	are of and uses and such oct an and asswer are of an dently alls in a cent to	local, activit confer asses  This truse of for ker in the assign learner  This truskills of studer partici	rainee participates in regional, and national ies, optional rences, and/or self-sment programs.  rainee demonstrates f a system or process eping up with changes literature, and initiates ments for other ers.  rainee leads surgical experiences for nts and residents and pates in skills ulum development.
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Date	of Assessment	 C	 Consult	ant Surgeon / U	nit (Seal)				Signat		f Trainer
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Practice Domain	Competency	Critical Deficiencies	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
Improvement of Care (IC)		This trainee does not demonstrate interest or ability in learning from the results of his or her practice.  This trainee fails to recognize the impact of errors and adverse events in practice.	This trainee actively participates in Morbidity and Mortality (M&M) and/or other Quality Improvement (QI) conferences with comments, questions, and/or accurate presentation of cases.  This trainee changes patient care behaviors in response to feedback from his or her supervisors.  This trainee recognizes when and how errors or adverse events affect the care of patients.	This trainee evaluates his or her own surgical results and the quality and efficacy of care of patients through appraisal and assimilation of scientific evidence.  This trainee uses relevant literature to support his or her discussions and conclusions at M&M and/or other QI conferences.  This trainee performs basic steps in a QI project (e.g., generates a hypothesis, conducts a cause-effect analysis, creates method for study).  This trainee understands how to modify his or her own practice to avoid errors.	This trainee evaluates his or her own surgical results and medical care outcomes in a systematic way and identifies areas for improvement.  This trainee identifies probable causes for complications and deaths at M&M and/or other QI conferences with appropriate strategies for improving care.  This trainee begins to recognize patterns in the care of his or her patients and looks for opportunities to systematically reduce errors and adverse events.	This trainee exhibits on-going self evaluation and improvement that includes reflection on practice, tracking and analyzing his or her patient outcomes, integrating evidence-based practice guidelines, and identifying opportunities to make practice improvements.  This trainee discusses or demonstrates application of M&M and/or other QI conference conclusions to his or her own patient care.  This trainee leads a QI activity relevant to patient care outcomes.
		Comments:				Not Yet Assessable
Date	of Assessment	Cons	sultant Surgeon / Uni	t (Seal)	Signat	ure of Trainer
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Practice Domain	Competency	Critical Deficiencies	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
Care for Diseases and Conditions (CDC)	PROFESSIONALISM (PROF1)	This trainee displays undesirable behaviours, including <b>not</b> being polite or respectful, not respecting patient confidentiality and privacy, demonstrating lack of integrity, or failing to take responsibility for patient care activities.	This trainee is polite and respectful toward patients, their families, and other health care professionals.  This trainee demonstrates a commitment to continuity of care by taking personal responsibility for patient care outcomes.  This trainee responds to calls and consultation requests promptly.  This trainee is honest and trustworthy.  This trainee consistently respects patient confidentiality and privacy.	This trainee maintains composure in accordance with ethical principles even in stressful situations.  This trainee exhibits compassion and empathy toward patients and their families.  This trainee recognizes the limits of his or her knowledge and asks for help when needed.	This trainee ensures patient care responsibilities are performed and continuity of care is maintained.  This trainee accepts responsibility for errors in patient care and can initiate corrective action.  This trainee consistently demonstrates integrity in all aspects of care and professional relationships.	This trainee serves as a role model for ethical behavior.  This trainee positively influences others by assertively modeling professionalism.  The trainee consistently places the interests of patients ahead of self interests when appropriate.
		Comments:				Not Yet Assessable
Date o	of Assessment	Cons	sultant Surgeon / Unit	t (Seal)	Signatı	ure of Trainer
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Practice Domain	Competency	Critical Deficiencies		LEVEL 1			LEVEL 2			LEVEL 3			LEVEL 4
Maintenance of Physical and Emotional Health (MPEH)	PROFESSIONALISM (PROF2)	This trainee's behavior and/or physical condition concern me.  This trainee flagrantly and repeatedly violates duty hour requirements.	the in availar person emotion acute substracted The to duty if the point and the point acute substracted the s	rainee understan stitutional resour able to manage ble to manage ional, physical, an ional health (e.g. and chronic dise ance abuse, and al health problem rainee complies inours standards. trainee understar rinciples of physi ess and fatigue ation.	d ease, ease, with	or her health approfatigut. This and each his or	rainee monitor rown persona n and wellness priately mitiga e and/or stress trainee effecti fficiently mana her own time es fitness for o	and tes s. ively ages and	example healthy I an emoti environn working The trair appropri personal	nee sets an by promoting nabits and cre onally healthy nent for those with him or he nee models ate managem health issues and stress.	ating r. ent of	This tra approp person other ricare te This tra modify interve assure under i mainta and do patient naps, o	ainee is proactive in ing schedules or ning in other ways to that those caregivers his or her supervision in personal wellness on to compromise a safety (e.g., requires counsels, refers to es, reports to program
		Comments:	'				<u>'</u>		<u>'</u>			Not	Yet Assessable
Date o	of Assessment	Con	sultar	nt Surgeon	/ Uni	t (Se	al)			S	ignatı	ure of	Trainer
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Practice Domain	Competency	Critical Deficiencies		•			LEVEL2			LEVEL 3		LEVEL 4		
Performance of Assignments and Administrative Tasks (PAT)	PROFESSIONALISM (PROF3)	This trainee consistently fails to meet requirements for timely performance of administrative tasks and/or requires excessive reminders, follow-up, etc.	or he and perfer and task and excert follo cred	r her operative case logs and duty hour logs, erforms other assigned and required administrative asks in a timely fashion, and does not require excessive reminders or collow-up (eg. visa renewal, redentialing, obtaining a medical license).		attender meeti other  This to prompt faculty departed members at the control of t	attending conferences, meetings, operations, and other activities.			This trainee assures that others under his or her supervision respond appropriately to responsibilities in a timely fashion.			rainee sets an example nference attendance, otness, and attention to ned tasks.	
		Comments:						I				Not	Yet Assessable	

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Date of Assessment	Consultant Surgeon / Unit (Seal)	Signature of Trainer

Practice Domain	Competency	Critical Deficiencies		LEVEL 1		LEVEL 2			LEVEL 3			LEVEL 4
Care for Diseases and Conditions (CDC)	INTERPERSONAL AND COMMUNICATION SKILLS (ICS1)	This trainee is not able to clearly, accurately, and respectfully communicate with patients and their families.  This trainee fails to effectively communicate basic health care information to patients and families.	vari ens with fam and tech bac and info	strainee uses a ety of techniques to ure that communication patients and their ilies is understandable respectful (e.g., non-nical language, teach, appropriate pacing small pieces of rmation).  Is trainee effectively inmunicates basic head information to patient their families.	on according to the control on	trainee custom munication, take ount patient racteristics (e.g. acy, cognitive bilities, culture) trainee provide ly updates to p their families d bitalizations and	ing into ., age, . es atients uring	delive patien	ainee is capable ring bad news to ts and their fami ively and effectiv	) ilies	emotior informa particip discuss This tra negotia	inee is capable of ting and managing among patients and
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		Comments:					•			•	Not \	et Assessable

Date of Assessment	Consultant Surgeon / Unit (Seal)	Signature of Trainer
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Practice Domain	Competency	Critical Deficiencies	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
Coordination of Care (CC)	INTERPERSONAL AND COMMUNICATION SKILLS (ICS2)	This trainee displays disrespectful or resentful behaviours when asked to evaluate a patient or participate in a care conference with other members of the health care team.	This trainee willingly exchanges patient information with team members.  This trainee responds politely and promptly to requests for consults and care coordination activities.  This trainee performs face-to-face hand-overs of patients.	This trainee exhibits behaviour that invites information sharing with health care team members (eg. respect, approachability, active listening).  This trainee performs hand-over best practices (eg. uses multiple forms of information transfer, confirms receipt of information, invites questions).	This trainee discusses care plans with the members of the health care team and keeps them up to date on patient statuses and care plan changes.  This trainee delivers timely, complete, and well organized information to referring physicians and to providers of follow-up care at the time of patient care transitions.	This trainee assumes overall leadership of a health care team responsible for his or her patients, while at the same time seeking and valuing input from the members of the team.  This trainee negotiates and manages conflict among care providers.  This trainee takes responsibility for ensuring that clear hand-overs are given at transitions of care.
		Comments:				Not Yet Assessable

Date of Assessment	Consultant Surgeon / Unit (Seal)	Signature of Trainer
		Signature of Trainee

Practice Domain	Competency	Critical Deficiencies	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
Performance of Operations and Procedures (POP)	INTERPERSONAL AND COMMUNICATION SKILLS (ICS3)	This trainee does not communicate effectively with patients, hospital staff members, and/or the senior surgeon in the operating room.	This trainee communicates basic facts effectively with patients, hospital staff members, and the senior surgeon in the operating room.  This trainee understands the necessary elements of informed consent for procedures.	This trainee effectively describes various aspects of the procedure and perioperative care to the patient and his or her family and other operating room team members.  This trainee leads a preoperative "time out" using the WHO checklist. This trainee performs clear informed consent discussion for basic procedures.	This trainee anticipates logistical issues regarding the procedure and engages members of the operating team to solve problems.  This trainee performs clear informed consent discussion for complex procedures.	This trainee is capable of leadership when unexpected events occur in the operating room and is able to communicate effectively with the family when unexpected events occur in the operating room.
		Comments:		· .		Not Yet Assessable

Date of Assessment	Consultant Surgeon / Unit (Seal)	Signature of Trainer