

**Circular Letter No :82/ 2022**

My No. PGIM/EX/2/MD/SEM(22)  
Postgraduate Institute of Medicine 160,  
Prof. Nandadasa Kodagoda Mawatha  
Colombo 7  
8<sup>th</sup> August, 2022

To: Deputy Director General /NHSL  
Directors/MSS of Teaching/General Hospitals,  
Regional Directors of Health Services,  
Deans of Faculties of Medicine/Medical Sciences,  
Universities of Peradeniya/Colombo/Jaffna/Ruhuna/Kelaniya  
Sri Jayawardanapura/Eastern/Rajarata/ Sabaragamuwa/Wayamba/ KDU

**MD (SPORT AND EXERCISE MEDICINE) EXAMINATION –NOVEMBER 2022**

1. The above examination will commence on **1<sup>st</sup> November 2022**.
2. Applications are invited by me from medical officers possessing the following requirements to sit the Examination.
  - a. 80% attendance for mandatory teaching sessions
  - b. Completion of the pre-MD portfolio satisfactorily
  - c. Research proposal accepted by the Board of Study
  - d. Satisfactory Completion of Professionalism and Ethics in Medical Practice Strand (Certificate issued by the PGIM should be submitted along with the application)**
3. The examination shall consist of a written examination (Multiple Choice Questions and Structured Essay Questions) and an OSCE.
  - 3.1 Written
    - MCQ T/ F - 75 minutes
    - SBA - 30 minutes
    - SEQ - 80 minutes
  - 3.2 OSCE - 100 minutes
4. To pass the examination, the candidate should obtain 50% in the written examination and 50% in the OSCE
5. Candidates who are eligible to sit the MD examination are required to be present for the first scheduled examination after completion of the training programme. If a candidate does not apply or does not sit the first scheduled examination or subsequent scheduled examinations for reasons not acceptable to the Board of Study, the examinations will be counted as attempts.
6. Please note that candidates are allowed 6 attempts only, in the MD which must be completed within a period of 8 years from the date of the first examination. However after failing the fifth attempt the candidate should undergo a minimum period of one year further training before permitted the sixth attempt.

7. The allocation of Post MD training units will be done as described in “General Regulation and Guidelines – 2022” which is available on the PGIM website [www.pgim.cmb.ac.lk](http://www.pgim.cmb.ac.lk) The allocated training units shall not be changed for personal reasons.
8. Post-MD trainees should commence post-MD overseas training within two (02) years after the expected date of completing local post-MD training. Any delay will be added to the date of effective Board Certification. Post-MD trainees who delay commencing overseas post-MD training by more than four (04) years after the expected date of completing local post-MD training will have their trainee status terminated.
9. There shall be no delay in submitting the dissertation or research report within the stipulated period as prescribed in the prospectus. If there is delay, the Board Certification will be delayed accordingly.
10. The minimum duration of Post MD training required to be eligible for Board Certification shall be one year local and one year overseas. However, the duration is more than two years in sub specialties and the information is available in the prospectus.
11. The candidates who shall commence the Post MD (Senior Registrar) training after August 2011 should pass the Pre-Board Certification Assessment to be eligible for Board Certification. The details are available at the PGIM for perusal.
12. Following the component of prescribed requirements for Board Certification including overseas training the prospective trainee applies for Board Certification with the relevant documents within one month following the completion of such requirements. If this is not followed, the date of Board Certification will be delayed.
13. The prescribed fees for the examination are as follows:-
  - (a) Application fee - Rs. 6,000/- (non refundable)
  - (b) Registration fee - Rs. 12,000/- (non refundable)
  - (c) Examination fees - Rs. 111,000/-

Candidates from non-state sector will be charged 50% more of the above specified fees

**Note that the only payments made through the PGIM online portal will be accepted**

14. All examination applications and other documents will be collected through a Google form <https://forms.gle/jnF89h3djaWtPJNg6> on or before **03<sup>rd</sup> October 2022**. All applicants should have a Gmail account to access the Google form. The exam application with all relevant documents must be attached as a single pdf document since this portal does not allow uploading of multiple documents. **Please note that incomplete, handwritten, late submission and application sent via email will not be accepted.**

15. The Application form could be download from our website from <https://pgim.cmb.ac.lk/>
16. Please refer the new regulations laid down by Ministry of Health regarding release of Medical Officers of Department of Health in MOH website – [www.health.gov.lk/](http://www.health.gov.lk/)
17. Please bring the contents of the Circular to the notice of all medical officers concerned in your department/division/faculty.
18. There shall be no repeat or additional examinations which are not scheduled in the approved examination calendar for the year 2022.
19. The results will be valid and official after confirmation by the Senate of the University.
20. The candidates will be issued an “**Examination Feedback Form**” with the admission documents. Feedback in Part II should be limited to concerns, if any, regarding the conduct of the examination (eg . perceived biases, discriminatory behavior, harassment, intimidation) and NOT regarding the format or content of the examination. The form should be sent back to Director/PGIM under confidential cover **within 48 hours after conclusion of the examination. No concerns regarding the examination will be entertained after 48 hours of conclusion of the examination or following the release of results**, nor will these be investigated by the PGIM.
21. Candidates are requested to visit the PGIM website [www.pgim.cmb.ac.lk](http://www.pgim.cmb.ac.lk) for further details.

 **Professor Senaka Rajapakse**  
MBBS, MB, FRCP, FRCP, FRCPE, FRCR, FACP, FRCGS(SL)  
Director  
Postgraduate Institute of Medicine  
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Director / PGIM