

My No. PGIM/EX/2/SE/MD/SEM (25)
Postgraduate Institute of Medicine,
160, Prof. Nandadasa Kodagoda Mw.,
Colombo 7.
30th June 2025

To : Director/NHSL, Colombo,
Directors/MSS of Teaching/General Hospitals, Regional
Directors of Health Services,
Deans of Faculties of Medicine/Medical Sciences,
Universities of Peradeniya/Colombo/Jaffna/Ruhuna/Kelaniya/
Sri Jayewardenepura/Rajarata/EUSL/Sabaragamuwa/Wayamba/KDU.

SELECTION EXAMINATION IN MD (SPORT AND EXERCISE MEDICINE) – AUGUST 2025 (Prospectus 2017)

1. The above examination will be held on **26th August, 2025**.
2. Applications are invited by me from medical officers possessing the following requirements to sit the Selection Examination for MD in Sport and Exercise Medicine.
 - (a) A medical degree registered with the Sri Lanka Medical Council ;
 - (b) Satisfactory completion of internship acceptable to the Sri Lanka Medical Council ;
 - (c) Successful completion of Postgraduate Diploma in Sports Medicine offered by the PGIM, University of Colombo ;
 - (d) Complying with any other PGIM general regulations.

Note :- The criteria prescribed in paragraph a) to d) must have been satisfied by the applicants as at the date of closure of applications.

3. To be eligible for enrolment to the training programme, applicant should pass the selection examination. The current format of the Selection Examination is described in the Prospectus 2017 and relevant examination documents which are available on the PGIM website.
4. The MD selection examination shall consist of a MCQ Paper and Objective Structured Clinical Examination(OSCE). The MCQ Paper shall consist of 30 questions with 80 minutes duration and OSCE consist of 10 stations duration six minutes per station. The content areas from which the questions are based on is described in the prospectus and documents available on the PGIM website.
5. The candidate should obtain a minimum mark of 50% from MCQs to be eligible for the OSCE. Candidates should score more than 50% from the total mark of the OSCE to be qualified for selection. The combined mark for MCQ and OSCE examination will be considered for the purpose of ranking.
6. **Only a maximum of Twelve (12) candidates** from the **Ministry of Health (MOH)** who pass the Selection Examination will be enrolled in the training programme. **The Twelve MOH candidate's marks will be taken as a cut-off line and the candidates in sections 8,9, 10 and 11 will have to obtain a mark similar to this or above to be offered a place in the training programme."** Placements will be made purely in the order of merit. The details are available on the PGIM website under "General Regulations and Guidelines 2025".
7. The final number of available training placements will be determined based on the total number of candidates above the cut-off line.

8. All candidates attached to **Other Government Ministries** who pass the selection examination and who are above the cut- off line will be enrolled in the training programme in order of the merit.
9. All candidates from **State Universities** who pass the selection examination and who are above the cut- off line will be enrolled in the training programme in order of the merit.
10. All candidates from the **Armed Forces (including Police)** who pass the selection examination and who are above the cut- off line will be enrolled in the training programme in order of the merit.
11. All **Non-State Sector** candidates who pass the selection examination and who are above the cut- off line will be enrolled in the training programme. They will be placed below the order of merit for candidates from the MOH, Other Government Ministries, State Universities and Armed Forces (including Police) based on the merit within the non-state sector category.
12. The above numbers shall not be changed, nor shall requests for such changes be entertained following the examination and after the release of results.
13. Each year only the scheduled Selection Examination in the approved examination calendar will be held. **No repeat or additional examinations will be held.**
14. The allocation of training units will be done as described in “General Regulation and Guidelines 2025” which is available on the PGIM web site: <https://pgim.cmb.ac.lk/> The allocated training unit/s shall not be changed for personal reasons. The number of available subspecialty training vacancies offered for post MD training, if any, will be determined based on the vacancy list provided by the MOH prior to the allocation.
15. As per PGIM regulation of 27.05.2020, the permitted number of attempts limited to six (06). Candidates who have exhausted four (04) or more attempts at 27.05.2020 will be allowed only two (02) more attempts.
16. A fulltime release from the candidate’s current employer–i.e. Ministry of Health/ Other Government Ministries, Universities or by the Armed Forces- is a prerequisite for enrollment in all fulltime training programmes. It may be necessary to sign a bond before such enrollment if it is required by the candidate’s employer.
17. Post-MD trainees should commence post-MD overseas training within two (02) years after the expected date of completing local post-MD training. Any delay will be added to the effective date of Board Certification. The trainee status of trainees will be terminated in those who delay commencing overseas post-MD training by more than four (04) years after the expected date of completing local post-MD training.
18. The minimum duration of post MD training required to be eligible for Board Certification should be one year local & one year overseas. However, the duration may be more than two years in certain specialties and the information is available in the prospectus.

19. There should be no delay in submitting the research report within the stipulated period as prescribed in the prospectus. Any delay will be added to the effective date of Board certification.
20. The trainees must, within one (1) calendar month of satisfactory completion of the prescribed requirements, apply for Board Certification. All relevant documents must be submitted with the application. Failure to do so will result in a delay of effective date of Board Certification.
21. The candidates should pass the Pre-Board Certification Assessment to be eligible for Board Certification. The details are available on the PGIM website.
22. The prescribed fees for the examination shall be as follows :-

(a) Application fee	- Rs. 8,500.00 (non-refundable)
(b) Registration fee	- Rs. 15,500.00 (non-refundable)
(c) Examination fee	- Rs. 79,500.00

(Candidates from non-state sector will be charged 50% more of the above specified fees)
Note that the only payments made through the PGIM online portal will be accepted.

* candidates are required to pay Rs. **15,500/=** as registration fee Rs. **8,500/=** as application fee and Rs. **34,500/=** as the entry fee for the written component in the first instance. Those who qualify for the written component will have to pay the balance entry fee Rs. **45,500/=** in order to proceed for the OSCE examination.

23. The application form can be downloaded from our website <https://pgim.cmb.ac.lk/>
24. The relevant information regarding the training programme and requirements for Board Certification are detailed in the Prospectus 2017 and in other relevant documents published in the PGIM website.
25. All examination applications and other documents will be collected through a Google form <https://forms.gle/LVPqS3HL48piJCbn7> on or before **21st July, 2025**. All applicants should have a Gmail account to access the Google form. The exam application with all relevant documents must be attached as a single pdf document since this portal does not allow uploading of multiple documents. **Please note that incomplete, handwritten, late submission and application sent via email will not be accepted.**
26. The selected candidates should report to the training unit allocated to him/her within one month of receipt of the letter of selection to the training programme and allocation to the training unit.
27. The candidates will be issued an **“Examination Feedback Form”** with the admission documents. Feedback in Part II should be limited to concerns, if any, regarding the conduct of the examination (eg. perceived biases, discriminatory behaviour, harassment, intimidation) and **NOT** regarding the format or content of the examination. The form should be sent back to Director/PGIM under confidential cover **within 48 hours after conclusion of the examination. No concerns regarding the examination will be entertained after 48 hours of conclusion of the examination or following the release of results** nor will these be investigated by the PGIM.

28. The results will be valid and official after confirmation of the Senate of the University.
29. The Candidate who pass the selection Examination and are selected for the MD programme should undergo the Professionalism and ethics Strand organized by the PGIM. Please note that this is compulsory for all MD trainees and should be completed within the first two years of pre- MD training. A certificate will be issued to trainees who complete this strand successfully.
30. Please refer to the new regulations laid down by the Ministry of Health regarding release of Medical Officers of Department of Health – www.health.gov.lk.
31. The orientation programme on ‘PGIM library resources and services’ is mandatory for all postgraduate trainees who enter PGIM training programmes. Please refer <https://library.pgim.cmb.ac.lk/> for more information.
32. A trainee following a PG Certificate or PG Diploma or MSc or MD programme shall not be permitted to sit another selection examination for a PG Certificate or PG Diploma or MSc or MD. If the trainee leaves the course before completion of a programme/course of study, he/she shall not be permitted to sit for another selection examination for a minimum period of two years from the date of leaving the programme/course of study. This rule shall not apply for online and part time courses.
33. Candidates are requested to visit the PGIM website www.pgim.cmb.ac.lk for further updates.
34. Please bring the contents of this Circular Letter to the notice of all medical officers concerned in your department/division/faculty.



Dr. Sudath Dharmaratne
Acting Director/PGIM