

Circular Letter No. 45/2026

My No. PGIM/EX/2/PG/D/SM (2026)
Postgraduate Institute of Medicine,
160, Professor Nandadasa Kodagoda, Mw,
Colombo 7.
8th June, 2026

To : Deputy Director General of Health Services/NHSL, Colombo,
Directors/MSS of Teaching/General Hospitals,
Regional Directors of Health Services,
Deans of Faculties of Medicine/Medical Sciences/ Universities of Peradeniya/
Colombo/Jaffna/Ruhuna/Kelaniya/Sri Jayewardenepura/Eastern/
Rajarata/Sabaragamuwa/Wayamba/KDU

POSTGRADUATE DIPLOMA IN SPORTS MEDICINE EXAMINATION
DECEMBER 2026 (Prospectus 2016)

1. The above examination is scheduled to commence on **8th December 2026**.
2. Applications are invited from medical officers possessing the following minimum requirements to sit the Examination.
3.
 - (a) Satisfactory completion of the course of study leading to the Postgraduate Diploma in Sports Medicine as laid down in the prospectus with the completion of a minimum of 80% of lectures and 90% of clinical sessions, workshops and practical sessions. Attendance must be certified by the designated / assigned Supervisors. (Attendance according to the paragraph 10 (Leave) of the PGIM General Regulations and Guidelines for Trainees 2026.
 - (b) Completed Portfolio should be submitted to the PGIM 04 weeks before date of examination and a pass grading obtained in its assessment.(Please refer page 9 6.4 maintenance of the Portfolio in the Prospectus 2016)
 - (c) Completed and documented Case Book of at least 05 case studies must be submitted to PGIM 08 weeks before the date of examination. **Soft copy of the case records collected through a Google Form**
<https://forms.gle/QK4KEEa2hESL4pUZ6> **on or before 12th October 2026.**

Note

Above (b) and (c) are not applicable for the candidates who have already submitted the Portfolio and Case Book previously. But they are required to sit the entire examination, which includes the Written, Clinical and Oral components of the final examination.

4. The examination consists of two parts.
 - (a) **Formative assessment** – this will be by the Portfolio assessment. In case of a candidate who has not obtained the pass grade from the portfolio, he/she will not be eligible to sit the examination until he/she achieves a pass grade in the portfolio.
 - (b) **Summative assessment** – this aspect will consist of 3 components (i.e. Written, Clinical and Oral)

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5. The overall pass mark will be 50% for the entire examination, which will be an aggregate of the marks of all components. A candidate will have to obtain a minimum of 50% in each of the components of the examination viz. Written, Clinical and Oral. He will be considered as failed if he does not obtain 50% in each component, even though his aggregate mark for the whole examination is 50% or over.
6. Candidates who are eligible to sit the Diploma are required to be present for the first scheduled examination after completion of the training programme. If a candidate does not apply or does not sit the first scheduled examinations, or subsequent scheduled examination for reasons not acceptable to the Board of Study, the examination will be counted as attempts.
7. Please note that candidates will be allowed to sit the examination maximum of six (06) attempts only within a period of 08 years from their first attempt. *** Please refer Diploma in Sports Medicine Prospectus February 2016 Revised Version.**
8. The prescribed fees for the examination shall be as follows:

(a) Application fee	- Rs. 8,000.00 (non- Refundable)
(b) Registration fee	-Rs. 17,500.00 (non-Refundable)
(c) Examination fee	-Rs. 90,500.00
(d) Case Book Assessment Fee	-Rs. 9,500.00

(Candidates from non-state sector will be charged 50% more of the above listed fees)

only payments made through the PGIM online portal will be accepted.
9. The application form can be downloaded from the website <https://pgim.cmb.ac.lk>
10. All examination Applications and other documents are collected through a Google Form <https://forms.gle/9WgSvMYgbkKzo7FG7> on or before **2nd November 2026**. PGIM trainees have to use the email account created by the PGIM to log into the google form. You should attach your exam application with all the relevant documents as a **single PDF** document since this portal does not allow you to attach multiple documents. **Please note that incomplete, handwritten, late submission and application sent via email will not be accepted.**
11. Please refer the new regulations laid down by the Ministry of Health regarding release of Medical Officers of Department of Health in MOH. web site – www.health.gov.lk
12. There shall be **no repeat or additional examinations** which are not scheduled in the approved examination calendar for the year 2026.
13. The results will be valid and official after confirmation by the Senate of the University.

14. The candidates will be issued an “**Examination Feedback Form**” with the admission documents. Feedback in Part II should be limited to concerns, if any, regarding the conduct of the examination.(eg. Perceived biases, discriminatory behavior, harassment, intimidation) and **NOT** regarding the format or content of the examination. The form should be sent back to Director/PGIM under confidential cover **within 48 hours after conclusion of the examination No concerns regarding the examination will be entertained after 48 hours of conclusion of the examination or following the release of results nor will these be investigated by the PGIM.**
15. Candidates are requested to visit the PGIM website www.pgim.cmb.ac.lk for further updated details.
16. Please bring the contents of the Circular Letter to the notice of all medical officers concerned in your department/division/faculty.

 Professor Surangi G. Yasawardene
MBBS, PhD
Director
Postgraduate Institute of Medicine
University of Colombo

Professor Surangi G. Yasawardene

Director, PGIM