

Circular Letter No. 52/2026

My No. PGIM/EX/6/Dip./Psy./SE (26)
Postgraduate Institute of Medicine,
160, Prof. Nandadasa Kodagoda Mw,
Colombo 7
17th July 2026

To : Deputy Director General /NHSL

Directors/MSS of Teaching/General Hospitals, Regional Directors of Health Services, Deans of
Faculties of Medicine/Medical Sciences,

Universities of Peradeniya/Colombo/Jaffna/Ruhuna/Kelaniya Rajarata,

Sri Jayewardenepura/EUSL/KDU/Sabaragamuwa/Wayamba

**SELECTION EXAMINATION IN POSTGRADUATE DIPLOMA IN PSYCHIATRY
AUGUST – 2026 (PROSPECTUS 2023)**

1. The above examination will commence on **25th August 2026**.
- 2 Applications are invited by me from medical officers possessing requirements to sit the above Examination.

- I. A medical degree registered with the Sri Lanka Medical Council. and
- II. Satisfactory completion of internship and
- III. Satisfactory completion of one year of post internship in medical/clinical practice in a university/public/private sector institution in Sri Lanka acceptable to the PGIM The criteria prescribed in paragraphs I, II, III should be satisfied by the applicant before the date of closure of applications, ie. **4th August 2026**.

Note: In respect of (III) above, those who have availed maternity or sick leave during this one- year period could be considered eligible if they have completed 80% of the one-year period.

- IV. Any other requirement/s stipulated by the Board of Study relevant to the field of study concerned, that has/have been approved by the Board of Management.
- V. Foreign nationals who seek to apply for training programme should possess a medical degree registered with the Sri Lanka Medical Council. Such applications are scrutinized by the Board of Study in Psychiatry for suitability and recommendations. The decision of the Board of Management will be final in all such applications.

3. The applicants should pass the selection examination to be eligible for enrollment to the training programme. The current format of the examination is described in the Diploma in Psychiatry prospectus 2023.

4. The selection examination shall consist of a multiple-choice question paper and Viva.

MCQs.

- ❖ The MCQ paper will be of 2 hours and consist of 60 true/false type questions with 5 responses in each question (total of 300 responses).
- ❖ Each question will be marked out of five and the total marks allocated to the paper shall be 300.
- ❖ Negative marks shall only apply within the question and will not be carried over.
- ❖ The total maximum mark obtainable would be 100.

Candidates who obtain a minimum mark of 50% at the MCQ examination will be eligible to proceed to the Viva Voce examination.

Viva Voce

The viva will be of 20 minutes duration and will consist of Patient Management Problems (PMP). The examination panel will consist of two examiners.

Minimum qualification for selection & Ranking

- ❖ Minimum qualifying mark for both components (MCQ, Viva Voce) will be 50% to enter the Post Graduate Diploma in Psychiatry training programme.
- ❖ Ranking of the candidates would be done by considering the total mark obtained at MCQ paper at the given selection examination.
- ❖ The number of attempts would be considered for ranking. Those who pass in the first attempt will be placed above others.

5. **30 candidates** from the **Ministry of Health (MOH)** who pass the Selection Examination will be enrolled in the training programme. Placements will be made purely in the order of merit. The details are available on the PGIM website under “General Regulations and Guidelines 2026”. **The 30th MOH candidate’s marks will be taken as a cut-off line and the candidates in sections, 7 , 8 , 9 and 10 will have to obtain a mark similar to this or above to be offered a place in the training programme.**

6. The final number of available training placements will be determined based on the total number of candidates above the cut-off line.

7. All candidates attached to **Other Government Ministries** who pass the selection examination and are above the cut- offline will be enrolled in the training programme in the order of merit.

8. All candidates from **State Universities** who pass the selection examination and are above the cut- offline will be enrolled in the training programme in the order of merit.

9. All candidates from the **Armed Forces (including Police)** who pass the selection examination and are above the cut- offline will be enrolled in the training programme in the order of merit.

10. All **Non-State Sector** candidates who pass the selection examination and who are above the cut- off line will be enrolled in the training programme. They will be placed below the order of merit for candidates from the MOH, Other Government Ministries, State Universities and Armed Forces (including Police) based on the merit within the non-state sector category.

11. The above numbers shall not be changed, nor shall requests for such changes be entertained following the examination and after the release of results.

12. **Successful candidates need sign a four years bond with the Ministry of Health before entering the training programme.**

13. Each year only the scheduled Selection Examination in the approved examination calendar shall be held. **No repeat or additional examinations will be held.**

14. The allocation of training units will be done as described in “General Regulation and Guidelines 2026” which is available on the PGIM web site: <https://pgim.cmb.ac.lk/> The allocated training unit/s shall not be changed for personal reasons.

15. When a candidate is selected, he/she should register in the same year. If a candidate fails to do so, another eligible candidate will be selected. Any candidate who refuses to register in the current year, will not be permitted to register in the programme in a subsequent year with the same results.

16. A fulltime release from the candidate’s current employer – i.e. Ministry of Health / other Government Ministries, Universities or by the Armed Forces is a prerequisite for enrollment in all fulltime training programmes. It may be necessary to sign a bond before such enrollment if it is required by the candidate’s employer.

17. The prescribed fees for the examination for candidates in the state sector are as follows:

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|----|------------------|----------------------------------|
| a. | Registration fee | - Rs. 17,500.00 (non refundable) |
| b. | Examination fees | - Rs. 34,500.00 |
| c. | Application fee | - Rs. 8,000.00 (non refundable) |

(candidates from non-state sector will be charged 50% more of the above listed fees)

Note that only payments made through PGIM online portal will be accepted.

18. The application form can be downloaded from <https://pgim.cmb.ac.lk/>.

19. All Examination application and other documents will be collected through a Google form <https://forms.gle/RjaxsmCMw82KHw16> on or before **4th August 2026**. All applicants should have a Gmail account to access the Google form. The exam application with all relevant documents must be attached as a single pdf document since this portal does not allow uploading of multiple documents. **Please note that incomplete, handwritten, late submission and application sent via email will not be accepted.**

20. The selected candidates shall report to the training unit allocated to him/her within one month on receipt of the letter of selection to the training programme and allocation to the training unit.

21. Please refer to the new regulations laid down regarding the release of Medical Officers of Department of Health in MOH website - www.health.gov.lk.

22. The results will be valid and official after confirmation by the **Senate of the University**.

23. The candidates will be issued an “**Examination Feedback Form**” with the admission documents. Feedback in Part II should be limited to concerns, if any, regarding the conduct of the examination (eg. perceived biases, discriminatory behaviour, harassment, intimidation) and **NOT** regarding the format or content of the examination. The form should be sent back to Director/PGIM under confidential cover **within 48 hours after conclusion of the examination. No concerns regarding the examination will be entertained after 48 hours of conclusion of the examination or following the release of results** nor will these be investigated by the PGIM.

24. The orientation programme on ‘PGIM library resources and services’ is mandatory for all postgraduate trainees who enter PGIM training programmes. Please refer <https://library.pgim.cmb.ac.lk/> for more information.

25. A trainee following a full time PG Certificate or PG Diploma or MSc or MD programme shall not be permitted to sit another selection examination for a full time PG Certificate or PG Diploma or MSc or MD If the trainee leaves the course before completion of a programme/course of study, he/she shall not be permitted to sit for another selection examination for a minimum period of two years from the date of leaving the programme/course of study. This rule shall not apply for online and part time courses.

26. Candidates are requested to visit the PGIM website www.pgim.cmb.ac.lk for further updates.

27. Please bring the contents of the Circular Letter to the notice of all medical officers concerned in your department/division/faculty.



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